

# MOSCOW ARTS COMMISSION



## Arts & Culture Education

**3<sup>rd</sup> Thursday of the Month**

**March 18, 2021**

**5:00 p.m.**

**Zoom**

### Arts & Culture Education

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#### Commission Members

Robert Caisley  
Lauren McCleary (chair)  
Sandra Stoops

\* \* \* \* \*

#### Staff

Megan Cherry  
Arts Program Manager  
Britnee Christen  
Administrative Specialist

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#### **Arts & Culture Education Ongoing Projects:**

Moscow Poet Laureate  
Entertainment in the Park  
Arts Education Support  
MACTivities

- MACTivities Toolbox
  - Toolbox #3 Design Materials (attached)
  - Survey Delivery Method
- MPL April 2021 Poetry Relay
- Moscow Poet Laureate
  - Final Confirmation of RFQ (attached)
  - MPL Service Assignments
  - Junior Poet Laureate
- Upcoming Meetings and Events
  - ACE Regular Meeting: April 15, 2021 at 5 p.m



The MACTivities Toolbox is offered to the Moscow community in partnership between the Prichard Art Gallery, the Moscow Arts Commission, and the City of Moscow.

Meet Curriculum development for Toolbox #3: CYANOTYPE developer **Emily Thomsen:**

With the sun on our cheeks and the wild breeze of discovery in our hearts it is good to know we are on this soft land together. My name is Emily Thomsen, my art practice includes being a softness associate, dancing in my living room, and being half of the monthly mail publication The Rumble Lump Club. I love to give art as gifts, work with sustainable material, and work with others in the community through all that I do, so please accept this gift from me, and welcome to the softness community!



TOOLBOX #3:

**CYANOTYPE**

SPRING 2021

a fun and friendly guide to your  
**TOOLBOX**



## **Crafting with Cyanotype**

*Learn how to develop unique fabric patterns with cyanotype processing and craft handmade projects while learning new stitching techniques.*

**CYANOTYPE**

SPRING 2021

### **WHAT'S IN THIS TOOLBOX?**

Cyanotype Sensitizer Set (Part A & B)

Fabric

White Embroidery Thread

Gloves

4" Foam Brush

Needle (plastic for ages 5-7)

Art Lessons for all ages

# INTRODUCTION

Hello Makers,

Welcome to Spring- a season of growth, renewal, longer days, and discovery. I thought there would be no better way to celebrate the emergence of more sunny days than to harness the sun's lovely powers to create art together.

This MACTivities toolbox will explore the infinite possibilities of cyanotype. What is cyanotype and why is it infinite? Cyanotype is also known as **sun printing** (I will be using both phrases interchangeably). Both of these names encompass different components of the printing process we will learn. Cyan is the name of a bluish green color that your print will take. Sun Printing describes the method by which you will develop your prints—in the sun! Cyanotype is infinite because you can use any combination of plant matter, object, and photo negative to create a print that is truly unique. Even though all sun prints are the color Cyan chances are no one will ever create a print just like the one you create in this course!

Have you ever noticed how the Spring season makes you feel in your body? Is there a certain magic that creeps into your bones? Does more sunshine make you feel like you have more energy? Does your body insist that you play more? Whatever your experience take a few breaths here to notice.

For me spring brings in lots of play and some much awaited sun energy. Therefore this course is based off of the joy of play and sun. All ages will learn how to make their own unique sun print on fabric, and from there I will give some playful ideas of what you can make out of your fabric. However, as a textile artist, my absolute favorite thing to do

with fabric is tinker! Maybe you'll use this guide to learn some basic stitches like straight stitch, lazy daisy, backstitch, etc and then you'll use them to play with your own ideas of what you'd like to make. Maybe you already know all the basic stitches and you'll want to take your custom fabric to a sewing machine. Maybe you don't want to sew your fabric, and you'll mail it to your friends as custom patches they can sew on their clothing. As is the case with most MACTivities toolboxes, this is just a jumping off point and I encourage you to take the power of sun printed fabric in your own unique way.

*Emily*

## ART LESSONS

### **AGES 5-7**

Wall Hanging  
Foraging Satchel

### **AGES 8-12**

Embroidered Foraging Satchel  
Foraging Friend

### **AGES 13+**

Embroidered Patch  
Patchwork Drawstring Bag

## WHAT IS THE BIG IDEA?

The National Core Arts standards (revised in 2014) are a guiding framework for quality arts education in Pre-K through high school. These Core Standards “identify pathways for students to become creative thinkers, creative makers and creative responders to the world around them”<sup>1</sup>. The State of Idaho adopted the National Core Art Standards, and they are implemented as the Idaho State Standards in the Arts and Humanities.

Each MACtivites Toolbox lesson plan is aligned with at least one National Core Arts Standard or “Big Idea.” This alignment supports the need for students of all ages to receive developmentally appropriate learning opportunities in the arts. Each edition of the Toolbox curriculum is carefully crafted to assure that a mutual exploration of the “Big Idea” connects not only the families engaging with the Toolbox, but also to age specific arts explorations across the state and country.

For additional information, visit:  
Idaho State Department of Education- Arts and Humanities  
<https://www.sde.idaho.gov/academic/arts-humanities/>

National Core Arts Standards  
<https://www.nationalartsstandards.org/content/faq>

<sup>1</sup><https://www.americansforthearts.org/blog-feed/what-you-need-to-know-about-the-new-national-core-arts-standards>

## CYANOTYPE INSTRUCTIONS

### Step one- Treat fabric

Treat your fabric with the two nontoxic cyanotype chemical from your kit. Do this in a dimly lit room. I like to do this in my bathroom because it has no windows, and I use a small nightlight.

The mixture will be 1 to 1, only mix as much as you will use. I typically start with ¼ cup of both solutions. Wearing gloves, use the foam brush to evenly distribute the solution across your fabric. Leave the fabric to dry in a completely dark place. Lay flat or hang. This will take approximately 24 hours.

### Step Two- Time to forage!

This part is all about paying attention to nature! Plants are everywhere—in your yard, at the park, on a hiking trail. When exposed to the sun, cyanotype turns blue except in the places where light is blocked. The silhouette of the plant will be a white or light blue color, so keep this in mind as you forage, what shapes do you want to be present on your finished sun print?

### Step Three- Plan it out

Once you bring your treated fabric out into the sun it will begin to develop—that is why I suggest you play around with patterning your plants before you have your fabric. Try different arrangements of your plants and see what looks good to your eyes and feels good to your heart.

### Step Four- Sun exposure

Now it is time to expose your fabric with your plants laid on it. The exciting thing about cyanotype is that you get to play around with the exposure time based on how sunny it is and what kind of look you enjoy. 30 minutes would be a minimum time, and can span up to 6 hours if you are developing on a very cloudy day. After 30 minutes I like to do 15 minute checks on the cyanotypes, you will see the color changing, and once it is a bluish grey shade it is time for your next step.

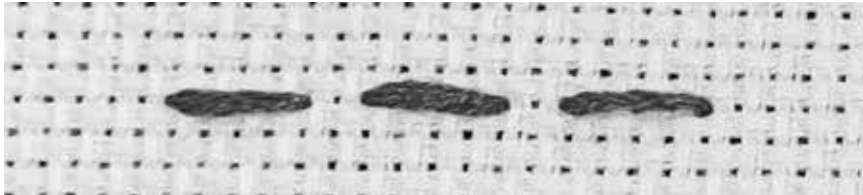
### Step Five- Wash

Wash your fabric in running cool water while agitating it until the water runs clear.

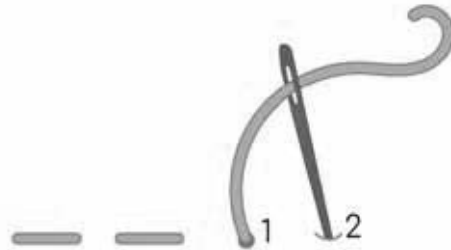
### Step Six- Let Fabric Dry

Set it back out in the sun! I like to continue observing the fabric as it changes hue while drying.

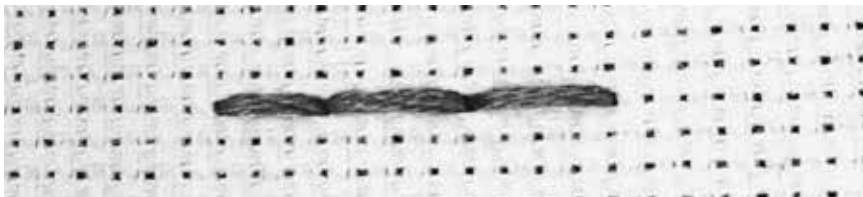
## STRAIGHT STITCH



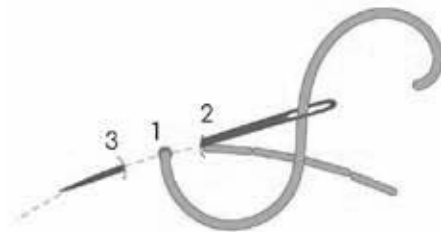
The **straight stitch** is a basic stitch created by passing the needle in and out of the fabric at a regular distance.



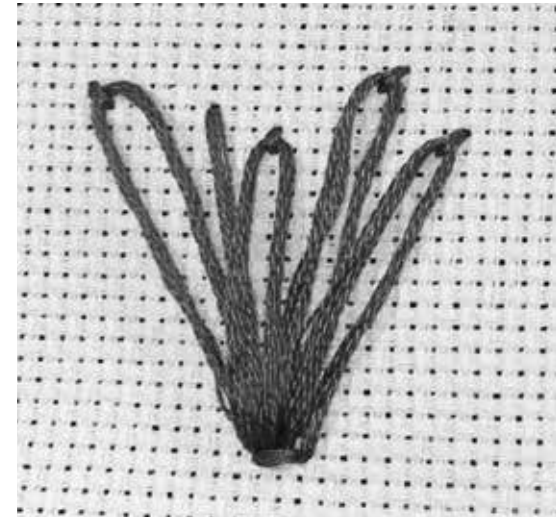
## BACK STITCH



The **back stitch** is created by stitching backward to the general direction of sewing.

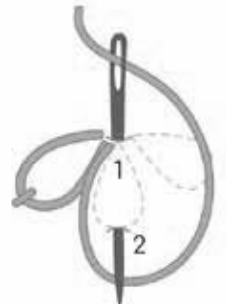


## LAZY DAISY



The **lazy daisy** technique is a collection of stitches arranged in groups to create flowers.

*Step*



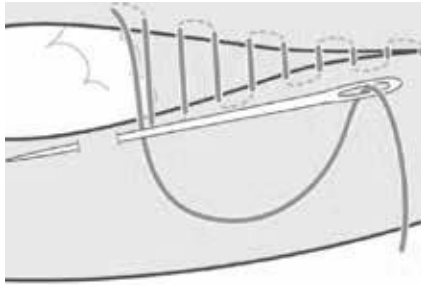
*Step 2*



## LADDER STITCH



The **ladder stitch** is a series of stitches that form a grouping of straight stitches on either side. This stitch is helpful in closing project seams.



*The top image is a reflection of the stitch on the inside of the seam.*

## HELPFUL LINKS

Are you a visual learner? Review any of the following links for “how to” advice in creating your stitches.

Straight Stitch:

<https://www.youtube.com/watch?v=kEz-QspHLAg>

Back Stitch:

[https://www.youtube.com/watch?v=kqj\\_lUo1tJo](https://www.youtube.com/watch?v=kqj_lUo1tJo)

Lazy Daisy:

<https://www.youtube.com/watch?v=2pYtAKpRITM>

Ladder Stitch:

<https://www.youtube.com/watch?v=XOlywYsDT-c>



# Wall Hanging

## WALL HANGING



### STEP ONE

Now that you have your finished cyanotype its time to display it proudly! The first step to this is heading outside to find a stick that you want to hang your art on.

### STEP TWO

Thread your needle with a length of embroidery thread that is about 12 inches and bring both thread ends together. Tie a knot. Make two loops on the top corners of your fabric by bringing the needle through from the back, over the top, and through from the back again. Secure with a knot. Place your stick through the loops you just made.

### STEP THREE

To hang the art tie some embroidery thread on each end of the stick and then place the center of the thread on a nail on the wall, creating a triangle of thread above your art!

**CYANOTYPE**

SPRING 2021

Suggested age group: 5-7 years

#### **BIG IDEA**

Engage in exploration and imaginative play with materials.



# FORAGING SATCHEL

## Foraging Satchel

### STEP ONE

Use a sun print fabric that is evenly cut and can be folded in half to create a pocket of sorts. You can also experiment with cutting it in a pocket shape, or a circle, or any shape you like, but for the example I used a rectangle. You are going to create a pocket that you can hang from your shoulder to collect plants in. You will use your needle and embroidery thread to sew a straight stitch through both pieces of fabric. To do this measure the length of the sides you are going to stitch and cut a piece of embroidery thread that is double that. Thread your needle and bring both thread ends together. Tie a knot. Pull your thread through from the back, half an inch from the edge of the fabric. Now that your thread is at the front of your fabric, you will place your needle back into the fabric half an inch away from where the thread came out. Now your thread is at the back of your fabric. This is a straight stitch! Continue to sew to the front and to the back at half-inch intervals until you have reached the edge of the fabric. End the stitch at the back of the fabric, and tie your thread in a knot. Cut off any excess or hanging thread. Repeat this on the other side of your satchel.



### STEP TWO

Create the strap to hang the satchel from your shoulder by cutting one long piece of embroidery thread. This time we will not tie both ends together or knot our thread to begin. Pull the thread through from the back. Tie a knot with a small tail of thread around the long piece, and then repeat this on the other side. Now you have a beautiful and handmade pocket to fill up the next time you forage for your cyanotype process!

**CYANOTYPE**

SPRING 2021

Suggested age group: 5-7 years

#### BIG IDEA

Make art or design with various materials and tools to explore personal interests, questions, and curiosity.

# Embroidered Foraging Satchel

## EMBROIDERED FORAGING SATCHEL



### STEP ONE

Use a sun print fabric that is evenly cut and can be folded in half to create a pocket of sorts. You can also experiment with cutting it in a pocket shape, or a circle, or any shape you like, but for the example I used a rectangle. You are going to create a pocket that you can hang from your shoulder to collect plants in, but first you will decorate your cyanotype with embroidery. Fold your cyanotype in half to see where the crease will lie (you won't want to embroider that bit)

For embroidery stitches refer to the included guidebook.

### STEP TWO

Now that your fabric is decorated fold your pocket with right sides facing out and use a straight stitch to sew up the sides that are not connected

### STEP THREE

Create the strap to hang the satchel from your shoulder by cutting one long piece of embroidery thread. Pull the thread through from the back. Tie a knot with a small tail of thread around the long piece, and then repeat this on the other side.

Now you have a beautiful and handmade pocket to fill up the next time you forage for your cyanotype process!

| CYANOTYPE                                                                       | SPRING 2021 |
|---------------------------------------------------------------------------------|-------------|
| Suggested age group: 8-12 years                                                 |             |
| <b>BIG IDEA</b><br>Combine ideas to generate an innovative idea for art-making. |             |



# foraging friend



## FORAGING FRIEND

### STEP ONE

Cut out the pattern included in your toolkit. The numbers on the pieces indicate how many pieces of fabric you will need to cut of each shape. The easiest way to do this is to layer your fabric, put the pattern piece on top (either pin or tape it to the fabric you will cut) and cut the fabric all at once. Go ahead and cut your fabric pieces now.

### STEP TWO

Before you assemble your friend take some time to give them a face. For my friend I used straight stitch (what we learned with our satchel) to stitch a face on, but how you create the face is completely up to you! You can use paint, pen, buttons, or applique. Spend some time playing around with ideas, and then give your friend a face that suits them!

### STEP THREE

Time to assemble! Let's start with the head. Place your two head pieces right sides together this means that the fabric you want to be facing the outside when your done, will be facing the inside right now. Use a backstitch to sew the two pieces together.

You will sew all the way around the edge of the headpieces, but leave an opening at the base of the neck. Once you have sewn everything but that opening flip your head right side out.

### STEP FOUR

Repeat the above step with the body and the arms. Remember to place them right sides together, and to leave an opening.

### STEP FIVE

Now that everything is right side out it is time to stuff your friend! Let's talk about stuffing! Typical store-bought stuffing is called polyfill, if you have some of that on hand that's great, but if you don't you do not need to go to the store to get some—there are many things that can be used as stuffing that you probably already own. You can use fabric scraps, worn socks, tights, t-shirts, old cushions or any textile item you were thinking of taking to goodwill, rice, beans, or yarn. I know for a fact you will have cyanotype fabric scraps from cutting out your pattern —cut those down to 1 inch or less and use that as stuffing. It will likely not stuff your whole friend, but that is what the list above is for—find more scraps to cut down, or experiment with a mixture of material!

### STEP SIX

Now that your friend is stuffed it is time to sew up the holes. Use a ladder stitch, to close up the holes.

### STEP SEVEN

Use a ladder stitch to attach the head and the arms to the body of your friend. For the head you would stitch into the head and then into the body alternating until your have circled the base of the head. For the arms, it all depends on the look you like, but I decided to only ladder stitch the top of the arm to the body so they can still stick out a little.

Yay! Now you have a friend to take with you when you go on walks, forage for cyanotype, or do any other fun spring things!

**CYANOTYPE**

SPRING 2021

Suggested age group: 8-12 years

#### BIG IDEA

Experiment and develop skills in multiple art-making techniques and approaches through practice

# Embroidered Patch



**CYANOTYPE**

SPRING 2021

Suggested age group: 13 years and up!

## **BIG IDEA**

Demonstrate willingness to experiment, innovate, and take risks to pursue ideas, forms, and meanings that emerge in the process of art-making or designing.

# EMBROIDERED PATCH

## **STEP ONE**

Have a pen and paper handy for this exercise! Whether you are experienced in embroidery or you've never picked up an embroidery needle before, I am going to guide you through creating a 100% unique patch that you can put on an item of clothing using your beautiful cyanotype fabric and embroidery thread. Let's get started! First, think of a wish you have for yourself, your community, or the world. How does this wish make you feel? How does it feel in your heart, in your gut, through your fingertips and in your feet? Whatever you are feeling, can you express that via lines? Don't think too hard; just get those lines down on paper.

## **STEP TWO**

Jumping in with some quick logistics! There are so many ways to transfer your drawing to your fabric. For this exercise I would recommend drawing your work onto the fabric with a ballpoint pen—your stitches will ultimately cover the pen. If you are someone who fears that level of commitment I would recommend drawing with pencil, chalk, or drawing on the back of the fabric, but being mindful that you will still be stitching on the front while you look at the back for guidance. I am not going to recommend anything you need to buy for the transferring process, but I will leave this handy article here if you are wondering what other methods there are to transfer your art (or pattern art) to fabric:

<https://www.thesprucecrafts.com/marking-an-embroidery-pattern-on-fabric-1177380>

## **STEP THREE**

Get the piece of cyanotype fabric you would like to work with. When you hold it in your hands reflect on the walk you took to forage the plants for it. Was any part of the wish you just made present on your walk? Think about more than just physical objects on your walk; maybe tie in how your wish makes you feel to any feelings you noticed while you were foraging. Use this to guide how you begin to arrange your shapes on the fabric itself. For instance—if I felt a sense of peace at the middle of my walk I might place the shape that represents peace near the center of my work.

## **STEP FOUR**

Stitch your pattern. The easiest stitch to start with is a straight stitch which is created by bringing your thread up from the back of the fabric and then inserting your thread back into the fabric, any length away from where it came out. It is simple, but it has so many possibilities based on the SIZE of your stitch the DIRECTION you orient your stitches and the amount of SPACE you leave between stitches. You could stitch your entire design this way!

## **STEP FIVE**

Stitch to a piece of clothing so your magical wish can stay close to you. I like to stitch my wishes on jackets because that is something I wear a lot, and likely am going to wear when I get out into nature. You can also use your beautiful patch to mend a piece of clothing. It is fun to extend the lifecycle of a beloved shirt or pair of pants by patching it, and you will likely get lots of compliments on your original art if it is stitched visibly to something you like to wear!



# Patchwork Drawstring Bag



## PATCHWORK DRAWSTRING BAG

### STEP ONE

Something that will make this bag über unique is to make it patchwork. Although all the fabric will be cyan, it is easy to give the fabric interesting contrast with textures, shapes, and business of pattern. Pick Two pieces of fabric that contrast well, and cut four pieces of fabric that are 4"x10".

### STEP TWO

Place two contrasting pieces right sides together this means that the fabric you want to be facing the outside when your done, will be facing the inside right now. Use a backstitch to sew a straight line along one edge with about ¼" from the edge. Backstitch means sewing one length forward and one length back.

Here is a video tutorial: [https://www.youtube.com/watch?v=kqj\\_lUo1tJo](https://www.youtube.com/watch?v=kqj_lUo1tJo)

### STEP THREE

Now you will have two rectangles to make your bag out of. Place these right sides together and backstitch the perimeter of the pieces, but leave a half-inch opening at 2 inches from the bottom of the bag on both sides— this will be where your drawstring pulls through.

### STEP FOUR

At the top of your bag fold the fabric over half an inch and then half an inch again. Backstitch all the way around the bag. This will be your drawstring channel. Turn your bag right side out and you are ready to add your drawstring!

### STEP FIVE

Use any ribbon, string, yarn, long scraps of fabric you have lying around to make your string. Attach a safety pin to one end and use that you thread your string though the channel via the openings you left in step three. After you have thread the front and back channel tie your string in a knot. Whichever side doesn't have the thread coming out of it, repeat the threading starting at that side. Now you have one drawstring sticking out of each hole, and you have a completed patchwork drawstring bag!

**CYANOTYPE**

SPRING 2021

Suggested age group: 13 years and up!

#### BIG IDEA

Experiment, plan, and make multiple works of art and design that explore a personally meaningful theme, idea, or concept.

## WHAT'S NEXT?

**How often do the members of your household engage in creative activities, either together or individually?**

- ☐ Almost never
- ☐ Once or twice a month
- ☐ Weekly

**Are there people in your household who want to learn more about making different kinds of art? What are their age groups?**

- ☐ Pre-K
- ☐ Elementary School (K-8)
- ☐ High School
- ☐ College
- ☐ Adult

**What is your favorite way to learn about art?**

- ☐ I like to play around and figure stuff out for myself
- ☐ I like to watch instructional videos online
- ☐ I like to learn with a teacher in-person in a classroom or studio

**What's your level of interest in learning from another MACTivities Toolbox like this one?**

- ☐ Not for me
- ☐ It could be better
- ☐ It was so cool
- ☐ Can't wait for more

**What kind of art would you be most excited to learn about next?**

- |                                        |                                                  |
|----------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Dance         | <input type="checkbox"/> Photography             |
| <input type="checkbox"/> Theatre       | <input type="checkbox"/> Digital Media           |
| <input type="checkbox"/> Film          | <input type="checkbox"/> Drawing / Painting      |
| <input type="checkbox"/> Animation     | <input type="checkbox"/> Ceramics                |
| <input type="checkbox"/> Literary Arts | <input type="checkbox"/> Fiber Art, Textiles     |
| <input type="checkbox"/> Music         | <input type="checkbox"/> Sculpture (Wood, Metal) |
| <input type="checkbox"/> Culinary Arts | <input type="checkbox"/> Other:                  |

## Arts Department

### CITY OF MOSCOW

PO Box 9203  
Moscow, Idaho  
83843

MOSCOW ARTS  
COMMISSION



**Share with us what you learned and draw a picture of your cyanotype design.**

**ARTIST NAME:**

## **Moscow Poet Laureate 2021 – 2023**

### **Request for Qualifications**



The City of Moscow and the Moscow Arts Commission seek a published poet to serve a 3-year term as a Moscow Poet Laureate (MPL). This position expands literacy and community awareness, honor the many writers in our community, and builds upon the correlation between civic life and creativity of local artists. This call for poetry artists is open to published poets 18 years of age or older who live in Moscow, Idaho and have a record of community involvement and/or teaching. The MPL term runs from October 1 – September 30 of each year from 2021 – 2023. The annual honorarium for the Moscow Poet Laureate is \$1000, and is paid at the beginning of each service year.

### **Program Description**

The Moscow Poet Laureate Program increases awareness of the role that poetry and literature play in the community and creates a record of Moscow's distinctive character. Not only does the program support the work of excellent poets in the city, but it also invests the public spaces of the city with the beauty of language. Along with offering readings and workshops, the Poet Laureate writes poems for the City that are reflective of local landscapes, social situations, or important events.

The Moscow Poet Laureate program began in 2015, inspired by the vision of the Moscow Arts Commission and University of Idaho English Professor Alexandra Teague. Since that time, two poets have offered their literary expertise to this City of Moscow program; Tiffany Midge served from 2015-2018, followed by Susan Hodgin's 2018-2021 term.

During his/her term, the poet laureate will be commissioned to:

- Write at least two (2) poems per year that speak in some sense to the distinctive experience of Moscow, Idaho. These works will be published in local publications and/or presented at public occasions.
- Give a minimum of two (2) local readings per year:
  - 1 at the annual April Poetry Relay, which connects and promotes members of the literary community during National Poetry Month
  - 1 at another Arts Department function such as the Mayor's Arts Awards, Entertainment in the Park, Artwalk, or public art dedication (to be determined by Moscow Poet Laureate and Arts Program Manager with advice from MAC)
- Work to raise the visibility of poetry and other literary arts within the community through outreach, education, and other programs. Included offerings must include at least one (1) public poetry workshop per year which may be targeted to a particular age of students or adults within the community.

## Submission Requirements

- Letter of interest (limited to one page) that includes an explanation of connections to Moscow, Idaho, and specific ideas for outreach activities/programs that could be implemented in the community.
- Sample of 5 to 10 poems (with publication credits listed, if applicable).
- A resume that includes a complete list of publications and qualifications.
- A video (or a web link to a video) depicting the applicant reading a sample of their work.

## Selection Process

A selection panel comprised of Moscow Arts Commission members, City of Moscow staff, writers, and community members will review each applicant's materials.

Voting members:

- 2 – Moscow Arts Commission Members
- 1 – Member of Literary Community
- 1 – Former Moscow Poet Laureate
- 1 – Youth Community Member

Non-voting members:

Arts Staff (Selection Panel facilitation)

Following the selection panel's deliberation and recommendation, a MAC vote is required to confirm the selection of the MPL candidate.

## Selection Timeline (subject to change)

|                   |                                                                          |
|-------------------|--------------------------------------------------------------------------|
| April - July 2021 | Submission Period                                                        |
| August 2021       | Selection Panel Deliberation & Recommendation                            |
| September 2021    | Moscow Arts Commission vote to finalize selection                        |
| October 2021      | MPL term begins upon completion of contract and first honorarium payment |